

BREAKFAST

6:00-9:30 a.m.

Cook to order: Eggs - Pancakes – Omelets - French toast - Waffle
Side orders: Bacon - Hash Brown - Sausage – Grits - Corned Beef Hash - Fresh Fruit Also Available: Cold Cereal Donuts - Blueberry Muffins - Cinnamon Rolls – Bagel and Cream Cheese -Breakfast Beverages

LUNCH

10:30 a.m. - 1:30 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Gyro With Assorted Toppings - Herbal Roasted Chicken with Gravy and Onions - Cajun Fried Fish Served with Cole Slaw - Mashed Potatoes And Gravy - Cauliflower Au Gratin - Buttered Corn And Carrots	Veal Scaloppini Served over Fettuccine Stuffed Shell With Cream, Pesto And Clam Sauce Spaghetti And Meatballs Italian Blend Vegetables Brown Wild Rice With Beans Zucchini and Squash Provincial	Feature Item Stir Fry Lo Mein Station Chinese Roasted Chicken Seasoned Fried Fish With Pickle Relish and Cheese Sauce Steak with Fresh Green Beans Seasonal Vegetables Steamed White Rice Sweet and Sour Cabbage with Carrots	Original Yankee Pot Roast - Sweet & Sour Chicken - Grilled Salmon Steak W/ Herbal Butter On the Side - Fresh Collard Greens - Rice Pilaf - Buttered Corn On the Cob	Roasted Pork With Fresh Rosemary and Pepper Corn Sauce Lemon Butter Broiled Fish Steak Chicken Cordon Bleu Steamed Fresh Broccoli Rice Pilaf Buttered Corn Kernels w/ Carrots
And Carrots	Provincial	Cabbage with Carrots		

DINNER

4 – 6 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Steak Fried W/Onions	Hawaiian Chicken	BBQ Pork Chop	Honey Herbal	Beef, Macaroni
-	-	-	Roasted Chicken	And Cheese
Knockwurst w/ Roll	Beef w/ Vegetables	Baked Ziti Pasta	-	-
-	-	-	Stuffed Cabbage Rolls	Lemon Butter
Stuffed Flounder	Crispy Fried Fish	Fried Redfish	-	Baked Fish
-	Soy Dip	-	Seafood Newburg	-
Wild Rice Pilaf	-	Herbal Rice Pilaf	-	Rice Pilaf & Vegetables
-	Steamed White Rice	-	Rice Pilaf	-
Squash & Onions	-	Vegetables	-	Curried Chicken
-	Vegetables	_	Vegetables	

Military and DoD Civilians welcome! Price includes one trip through the line. Salad bar only is available at a reduced price.